



# Girl Scout Troop 40534

# We Care About Air!

## Will You Join Our Cause?

### Our Air Care Alert!

Our troop has been working on the Girl Scout Cadette Breathe Journey. While researching air quality issues, we realized people often times take air for granted. We decided to focus our Alert at OAS, as school is where we spend so much of our day. Our goal is to make the students, teachers and staff at OAS more “air aware” and to care about air as much as we do!

### Did You Know?

- ◆ Many people are allergic to perfumes, scented deodorants and other personal care products
- ◆ Paint and other building materials can fill the air with harmful substances
- ◆ Cleaning with natural substances keeps the air clearer, as many man-made cleaning products release unhealthy chemicals into the air
- ◆ Plants, such as cacti and succulents, are great at improving indoor air quality at home and at school
- ◆ A salt lamp acts like an air purifier and can also help you sleep better

### Please Visit Our Website & Take a Short Survey!

We are all affected by the air around us. Please **visit our website** at [gs40534wecare4air.weebly.com](http://gs40534wecare4air.weebly.com) to learn about the causes and symptoms of poor indoor air quality and ways to improve indoor air quality. Also, while there, please take a moment to **take a short survey**—we want your opinion on air quality inside OAS.