



VOLUNTEERS – MAKE A DIFFERENCE!!

The Community FoodBank of New Jersey has many offsite volunteer opportunities where you can help those in need *in your local community*:

Pediatric Mobile Pantry Program:

Mondays, 10:30am – 3:00pm	Tuesdays, 11:30am – 4:00pm	Fridays, 10:30am – 3:00pm
Beth Israel Hospital	Mount Teman Church	Father English Center
Newark	Elizabeth	Paterson

Opportunity: Assist staff with unloading of groceries, site set up, distribution of food to clients referred by local pediatric programs & clinics. Pantries operate outdoors, rain or shine. Comfortable/casual attire; closed toed shoes required. Sign up for as many dates or sites as is convenient. To volunteer, sign up online at www.jerseycares.org.

Food Show Pick-ups:

Opportunity: Assist our staff in picking up and packing up food items donated by the show’s vendors. Requires light physical activity on your feet for approximately 2-3 hrs. For more info or to sign up, please contact Sue Yurasits, Volunteer Resources Manager, at syurasits@cfbnj.org, or 908-355-3663, ext. 235.

Next scheduled Food Show: Wakefern Perishables Show – Thu. Sept 11th, 2:30 – 5:30pm at NJ Exposition Center, Raritan Center / Edison

Check-Out Hunger Fall Campaign:

Opportunity: Monitor and restock COH materials in local supermarkets; volunteers sought for Bergen, Essex, Hudson, Middlesex, Morris, Passaic, Somerset & Union Counties. Commitment of ½ hour per week for the length of the campaign from October through January is requested. For more info, please contact Linda Loria, Check-Out Hunger Associate, at lloria@cfbnj.org or 908-355-3663, ext. 290.



Annual Food Drives:

Opportunity: Assist our staff in collecting food and funds at various sites around the state, including sports & music venues, supermarkets, schools and churches. Requires ability to be on your feet for approximately 3 hrs.

EVENT	LOCATION	APPROX TIMEFRAME
NY Red Bulls food drive	Red Bull Arena (Harrison)	Sep 6, 5-7:30pm
CANstruction	Livingston Mall, Livingston	Nov 2, 6:30-9:30pm
NJ Devils food drive	Prudential Center (Newark)	Nov
NY Giants food drive	MetLife Stadium (E. Rutherford)	Nov 16, time tba
Turkey Drive	Various locations	Weekend prior to Thanksgiving

For more info or to sign up, please contact Sue Yurasits, Volunteer Resources Manager, at syurasits@cfbnj.org, or 908-355-3663, ext. 235.

Students Change Hunger Annual Food Drive/Competition:

Opportunity: Are you a young person who wants to help your hungry neighbors in NJ? Ask your Principal or a teacher to register your school for our state-wide food drive competition! Collect food at your school between Sept 15 & - Nov 21, 2014; the schools that bring in the most food will be presented with awards by their local food bank. And you will have made a big difference to many people.

For more info or to register your school, please visit www.studentschangehunger.org or contact Laura Sodano, Hunger Action Coordinator, at lsodano@cfbnj.org, or 908-355-3663, ext. 279.

SNAP / Food Stamp Outreach Program:

Opportunity: Assist staff with screening & online registration of potential SNAP clients at agencies. Initial training at our Hillside location is required. Volunteers must be 18+ and bilingual volunteers are welcome! To volunteer, please contact Diane Riley, Director of Advocacy, at driley@cfbnj.org or 908-355-3663, ext. 292.



CFBNJ Partner Agency Volunteer Program:

Opportunity: Food comes into the Community FoodBank, and then is distributed through our network of partner agencies, which include food pantries, soup kitchens, residential programs/shelters, senior feeding programs, etc. Volunteers are needed to help out in *many* different ways!! Suitable for age 18 or older.

For more information on any of the following opportunities, please contact Sue Yurasits, Volunteer Resources Manager, at syurasits@cfbnj.org, or 908-355-3663, ext. 235.

Essex County:

Agency Name/Location: Pentecost Food Pantry, East Orange

Dates/Times: Last Saturday of every month; 9:00am – 2:00pm

Opportunity: Seeking 2 Haitian/Creole-speaking volunteers to help w/ client intake for food distribution.

Hudson County:

Agency Name/Location: Woodcliff Christian Harvest, North Bergen

Dates/Times: 2nd Saturday of every month; 8:00am – 10:00am

Opportunity: Seeking 2-3 volunteers to help unload food from truck at their church site in North Bergen

Dates/Times: 2nd and 4th Saturday of every month; 8:30am – 1:00pm

Opportunity: Seeking 2 volunteers to help w/ client intake for food distribution. Computer skills needed / Spanish helpful.



CFBNJ Partner Agency Volunteer Program (cont'd):

Hudson County (cont'd):

Agency Name/Location: *Dvine Konektion Community Development Corp, W.N.Y.*

Dates/Times: every 3rd Saturday of month; 10:00am – 2:00pm

Opportunity: up to 10 volunteers to assist with intake/distribution during their monthly Community Outreach Day (baby pantry, food pantry, hot food distribution and more) which serves residents of West New York, Guttenberg, Weehawken, Union City and N. Bergen. Great corporate, civic or school team-building activity!

Dates/Times: every other Thursday; 11:00am – 2:00pm

Opportunity: volunteers to assist with food pantry/grocery distribution

Dates/Times: weekdays; hours flexible

Opportunity: Volunteers sought from Mon-Fri to help with various admin tasks, including letter generation, answering phones, conducting online research. Also looking for fundraising, grant research / writing and reports help.

Agency Name/Location: *Palisades Emergency Residence Corp, Union City*

Dates/Times: Tuesdays; 11:00am – 1:00pm

Opportunity: Help with pre-bagging of perishables for Wednesday food pantry

Dates/Times: Wednesdays; 11:00am – 3:00pm

Opportunity: Help with food pantry organizing, stocking and distribution

Dates/Times: Weekdays; 5:30pm – 7:30pm

Opportunity: Help serve clients at soup kitchen

Dates/Times: Weekdays; 9:00am – 6:00pm

Opportunity: Help prepare meals for soup kitchen

Dates/Times: Weekdays; 10:00am – 2:00pm

Opportunity: Help filing and answering phones; bilingual helpful, not mandatory

Dates/Times: Weekdays; 1:00pm – 5:00pm

Opportunity: Help needed in Thrift Shop; bilingual helpful but not mandatory



CFBNJ Partner Agency Volunteer Program (cont'd):

Passaic County:

Agency Name/Location: *Hispanic Multipurpose Service Ctr, Paterson (** new! **)*

Dates/Times: Weekdays, hours flexible between 9:00am – 3:30pm

Opportunity: Looking for bi-lingual (Spanish) volunteer to assist with office work

Dates/Times: every Thursday, 8:00am - noon

Opportunity: Looking for 2 volunteers to assist with unloading of food delivery and moving boxes upstairs into pantry

Agency Name/Location: *Christian Fellowship Center, Paterson*

Dates/Times: Every 3rd Tuesday of month, 9am - noon

Opportunity: Help with client intake and updating Excel files, serve and bag food for clients. Must be computer-literate and Spanish-speaking is a big plus! Also seeking help unloading food delivery from Community FoodBank.

Union County:

Agency Name/Location: *LPC Mission Project, Linden*

Dates/Times: Every 4th Wednesday of month, 12:00pm – 2:00pm

Opportunity: Looking for up to 6 able-bodied volunteers to help with unloading of food delivery from Community FoodBank

Agency Name/Location: *Rahway Food for Friends, Rahway*

Dates/Times: Every 4th Monday of month, 8:00am – 12:00pm

Opportunity: Looking for 4-5 able-bodied volunteers to help with unloading of food, lifting and unpacking of boxes, stocking shelves and packing bags for monthly distribution.



CFBNJ Agency Direct Pick-Up - Volunteer Driver Program:

Opportunity: The FoodBank is seeking volunteer drivers to help move product from select retail outlets directly to our partner agencies. We match agencies without access to vehicles and/or drivers to volunteer drivers in their local area to help facilitate food pick-ups from local retail establishments and subsequent drop-off at the agency.

Suitable for age 18 or older with valid NJ driver's license and vehicle; pick-up truck or van preferable, but will depend on the agency and size of pick-up. Orientation and guidelines will be provided.

If you would like to sign up for the Agency Direct Pick-Up Volunteer Driver program, please contact Sue Yurasits, Volunteer Resources Manager, at syurasits@cfbnj.org, or 908-355-3663, ext. 235 and indicate your preferred driving area (town or county).

Volunteers are essential to our mission!!!

Volunteering is good for the body, mind and spirit!