



GIRL SCOUTS of Cranford

Cranford Health

205 Birchwood Avenue
Cranford, New Jersey 07016

Overview: Cranford Health is a residential facility for seniors. This is a great local opportunity to make a difference with a population that often feels ignored. It is truly a great way to spend your volunteer time and brighten the day of a community member!

Contact: Nancy Patel, Director of Recreation

Email:

Phone: (908) 272-6660 ext 128

Website: <http://www.cranfordhealth.org/>

Best Times: Please Check with Nancy to confirm dates and times. In the past, Monday through Friday 3 p.m. to 4:30 p.m. appear to be optimal times.

Age Requirement – All ages.

The following are possible volunteer options for Girl Scout Troops, but certainly feel free to come up with your own ideas:

- Tea Party (Tea and Cookies)
- Simple Cooking (Mixing or no bake options)
- Gardening
- Beauty Party - Painting Nails
- Cards - Making cards with the residents that they could give to their families
- Reading to Residents
- Play Games (Cards or other table games)
- Casino Night
- Dancers - Example a visit from the Irish Step dancers
- Singing / instruments
- Holiday caroling through the halls
- Arts and Crafts